



GIRLS HIGH SCHOOL



Wrestling Tournament

DATE: Saturday & Sunday, December 27 & 28, 2025

PLACE: Canon-McMillan High School - 314 Elm Street, Ext., Canonsburg, PA 15317

WEIGH-INS: Saturday - 4:00 pm - 2 lb growth allowance
Sunday - 10:30 am - 1 additional pound allowance

START Saturday - 5:00 pm
Sunday - 11:30 am

FORMAT: Double Elimination. NFHS Rules
3 periods 2:00-2:00-2:00, Consy 1:00-2:00-2:00, Overtime 1:00-:30-:30-:30

COST: \$ 100.00 per wrestler or \$ 600.00 per team of 6 or more wrestlers.

Make checks payable to: Powerade Wrestling Tournament

Send to: Frank Vulcano, Jr.
Canon-McMillan High School
314 Elm Street Ext.
Canonsburg, PA 15317

AWARDS: Powerade T-Shirt for 1st place
Medal for 1st - 6th place

WEIGHTS: **GIRLS** - 100, 106, 112, 118, 124, 130, 136, 142, 148, 155, 170, 190, 235
Teams CAN enter two (2) wrestlers per weight class.

ENTRY: **Teams outside of Pennsylvania that want to enter girls must email vulcanojr@hotmail.com by November 1, 2025. This will allow us time to submit the proper paperwork for approval to the NFHS & PIAA.**
Name of wrestlers and weight classes must be entered into the registration site - Wrestlereg.com by 12:00 noon on Thursday, December 18, 2025.

QUESTIONS: Frank Vulcano, Jr.
Tournament Director
vulcanojr@hotmail.com
412-298-5247