



GIRLS HIGH SCHOOL



Wrestling Tournament

DATE: Wednesday, December 27, 2023

PLACE: Canon-McMillan High School - 314 Elm Street, Ext., Canonsburg, PA 15317

WEIGH-INS: 11:30 am. 2lb growth allowance

START 1:00 pm

FORMAT: Double Elimination. NFHS Rules
3 periods 2:00-2:00-2:00, Consy 1:00-2:00-2:00, Overtime 1:00-:30-:30-:30

COST: \$ 100.00 per wrestler or \$ 600.00 per team of 6 or more wrestlers.

Make checks payable to: Powerade Wrestling Tournament

Send to: Frank Vulcano, Jr.
Canon-McMillan High School
314 Elm Street Ext.
Canonsburg, PA 15317

AWARDS: Powerade T-Shirt for 1st place
Medal for 1st - 4th place

WEIGHTS: **GIRLS** - 100, 106, 112, 118, 124, 130, 136, 142, 148, 155, 170, 190, 235
Teams CAN enter only one (1) wrestler per weight class.

Teams outside of Pennsylvania that want to enter girls must email vulcanojr@hotmail.com by November 1, 2023. This will allow us time to submit the proper paperwork for approval to the

ENTRY: NFHS & PIAA.
Name of wrestlers and weight classes should be emailed to vulcanojr@hotmail.com by 12:00 noon on Wednesday, December 20, 2023.

QUESTIONS: Frank Vulcano, Jr.
Tournament Director
412-298-5247