



# GIRLS HIGH SCHOOL



## Wrestling Tournament

**DATE:** Wednesday, December 27, 2023

**PLACE:** Canon-McMillan High School - 314 Elm Street, Ext., Canonsburg, PA 15317

**WEIGH-INS:** 11:30 pm. 2lb growth allowance

**START** 1:00 pm

**FORMAT:** Double Elimination. NFHS Rules  
3 periods 2:00-2:00-2:00, Consy 1:00-2:00-2:00, Overtime 1:00-:30-:30-:30

**COST:** \$ 100.00 per wrestler or \$ 600.00 per team of 6 or more wrestlers.

**Make checks payable to:** Powerade Wrestling Tournament

**Send to:** Frank Vulcano, Jr.  
Canon-McMillan High School  
314 Elm Street Ext.  
Canonsburg, PA 15317

**AWARDS:** Powerade T-Shirt for 1st place  
Medal for 1st - 4th place

**WEIGHTS:** **GIRLS** - 100, 106, 112, 118, 124, 130, 136, 142, 148, 155, 170, 190, 235  
\*\*Teams CAN enter one (1) additional wrestler per weight class.\*\*

Teams outside of Pennsylvania that want to enter girls must email [vulcanojr@hotmail.com](mailto:vulcanojr@hotmail.com) by November 1, 2023. This will allow us time to submit the proper paperwork for approval to the

**ENTRY:** NFHS & PIAA.  
Name of wrestlers and weight classes should be emailed to [vulcanojr@hotmail.com](mailto:vulcanojr@hotmail.com) by 12:00 noon on Wednesday, December 20, 2023.

**QUESTIONS:** Frank Vulcano, Jr.  
Tournament Director  
412-298-5247